



# Weekly Menu

Ferry County Health



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>B R E A K F A S T</b>	Raisin French Toast Sausage Link Seasonal Fresh Fruit 100% Juice	Egg and Cheese Biscuit Seasonal Fresh Fruit 100% Juice	Pancakes Eggs (Chef's Choice) Seasonal Fresh Fruit 100% Juice	Bacon and Egg Casserole Seasonal Fresh Fruit 100% Juice Whole Grain Toast	Country Gravy and Biscuits Eggs (Chef's Choice) Seasonal Fresh Fruit 100% Juice	Egg Mushroom Scramble Hash Browns Seasonal Fresh Fruit 100% Juice Whole Grain Toast	Pancakes Bacon Seasonal Fresh Fruit 100% Juice
<b>L U N C H</b>	Green Salad Cube Steak and Gravy Roasted Rosemary Potatoes Parmesan Green Beans Chocolate Oreo Poke Cake	Green Salad Louisiana Chicken Corn Pudding Stewed Tomatoes Berry Cobbler	Green Salad Baked Fish Fillet Twice Baked Potato Casserole Sauteed Carrots Maple Bread Pudding	Green Salad Pepper Steak Delicious Rice Chef's Steamed Vegetable Raspberry Lemon Bars	Green Salad Chicken with Tomato Mushroom Sauce Garlic Pasta Brussels Sprouts Baked Roll Fruit Crisp	Green Salad Bacon Wrapped Pork Tenderloin Southern Baked Beans Steamed Broccoli Homemade Cookie (Baker's Choice)	Green Salad Meatloaf and Gravy Baked Potato Normandy Blend Texas Sheet Cake
<b>D I N N E R</b>	Shrimp Penne Fresh Asparagus Seasonal Fresh Fruit	Lentil Soup Tavern Sandwich Sweet Slaw Seasonal Fresh Fruit	Herb Roasted Chicken Butter and Herb Gnocchi Oven Roasted Broccoli Seasonal Fresh Fruit	Navy Bean Soup Shredded Pork on a Bun Pickled Beets and Onions Seasonal Fresh Fruit	Fish with Roasted Vegetables Baked Parmesan Roll Brown Rice Seasonal Fresh Fruit	Garden Vegetable Soup Open Face Turkey Sandwich with Gravy Chips Green Bean Carrot Blend Seasonal Fresh Fruit	Classic Taco Salad Mexicali Corn Spanish Rice Grapes
Milk offered at every meal							Week 5